**STEP 1 - Familiarise yourself with the Courses**

### 1. Operational Excellence

Operational excellence enables the Company and its leadership to continuously improve all areas of performance. This course will help you understand the Company Vision, Mission, Vessel Standard, the purpose of the Company’s Integrated Management System, and translate operational excellence into practical actions.

**WHAT YOU’LL LEARN**
- Company line of business
- Integrated Management System (IMS)
- Standard Operating Procedures (SOPs)
- Company Vision, Mission & Core Values
- Safety, Efficiency, Reliability
- Vessel Standards, KRA and KPis
- New Joiner & Mentorship programme

### 2A. Managing Safe Work

You will learn how to maintain a working environment where Seafarers are able to work safely, without risk to their physical and psychological health and welfare. This is to ensure seafarers have a workplace free from recognized hazards that could cause serious physical injury or fatality.

**WHAT YOU’LL LEARN**
- Tool box talk / Safety Committee
- Risks management / JSA
- Behaviours and Hazards Observation
- SWA / barriers and warning signs
- Lock Out Tag Out procedure
- Permit to work procedures
- Trailing hand Technique
- Housekeeping & Food hygiene
- PPE and gloves

### 2B. Managing Safe Work

You will learn to develop a structured approach to manage and control all sorts of operation risks. You will understand the significance of procedures as written instructions to achieve uniformity of the performance of a specific function, to satisfy compliance requirements, etc. Senior Officers will be capacitated to report and investigate incidents accurately, effectively and efficiently.

**WHAT YOU’LL LEARN**
- Fire extinguisher, dangerous goods, waste and environmental management
- Gangway watch duties / ISPS Security
- Banksman awareness / lifting, rigging
- Poseidon (refresher)
- Investigation reporting and Investigation
- Shipboard Safety Officer

### 3. Client Requirements

You will have an in-depth knowledge and understanding to specific clients’ requirements, including regulations and standard operating procedures (SOPs), prior embarking to work on vessels that operates for them.

**WHAT YOU’LL LEARN**
- Error traps & Triggers
- Tenets of operations
- Preventing serious injury field guide
- Start work checks
- Banned equipment and
- Restricted practices
- V & V Verification and Validation
- SHE program
- Leadership talk, Incident review

**STEP 2 - Register with a Training Centre and select a schedule for training**

**THAILAND**
THAILAND UNIWISE OFFSHORE

**INDONESIA**
INDONESIA SGS PT. SUKSES GRAHA SAMUDERA

**WESTERN HEMISPHERE**
WESTERN HEMISPHERE MICLYN EXPRESS OFFSHORE

[CLICK HERE TO REGISTER] [CLICK HERE TO REGISTER] [CLICK HERE TO REGISTER]